

Medico-legal Aspects of Burned Cases Admitted to Burn Unit in Tanta University Hospital

Mona M. Heshmat, Aisha I. Maklad, Mona M. Abo El Noor, and Nadia E. Helal¹

¹ Forensic Medicine and Clinical Toxicology Department, Faculty of Medicine, Tanta University, Tanta, Egypt.

Abstract

Background: Burns continue to be a medical, psychological and economic problem in developed and developing countries. Burns in Egypt represent a major problem as compared with heart diseases, malignancy and road accidents.

Objectives: Accordingly, this work was conducted to study the medico legal aspects of burned cases and the magnitude of burn problem in Burn Unit in Tanta University Hospital.

Study design: This study was cross sectional, conducted over six months where (160) burned cases admitted to Burn Unit in Tanta University hospital from the start of March 2013 to the end of August 2013. All the patients were included except old burn injuries. Patients were interviewed, clinically examined and investigated, and then data were collected in a specially designed sheet for every patient.

Results: One hundred and sixty cases admitted to Burn Unit in Tanta University Hospital during a period of six months from the start of March 2013 to the end of August 2013. The highest percentage of patients was among the age group less than 10 years (38.125%). The majority of the studied cases were distributed among males (58.1%) in rural areas (61.9%). Burns at home constituted (84.4%) of burns. Concerning the agent causing burn, flame constituted (51.9%) followed by scald (37.5%), chemical (6.3%) and electrical burns (4.4%). Most flame burns were due to explosion of gas cylinder. Most burns were of second degree (49.37%), distributed all over the body (43.8%) and involved 15-30% total body surface area (TBSA) (40%). Accidental burns accounted for 95% of all cases followed by suicidal and homicidal cases (3.1 and 1.9% respectively). All suicidal cases were females, caused by flame and distributed all over the body with involvement of more than 60% TBSA. While homicidal cases were males in urban areas. Respiratory complications were the commonest cause of death (38.9%). It could be concluded that intensive educational programs concerning burn dangers, proper prevention, safety measures and regular servicing of gas appliances must be followed. Psychological autopsy is needed in suicidal cases.

Introduction

Burns are among the most severe kind of harm that may ever affect a human being. Burns continue to be a medical, psychological and economic problem in both developed and developing countries (Karter, 2006 and Brown and Tarnowski, 2011). The majority (over 95%) occurs in economically developing countries where prevention programs are primitive (Potokar et al., 2007).

Burns are the fourth most common type of trauma worldwide, following traffic accidents, falls, and interpersonal violence. Every year, there are approximately 195,000 deaths directly attributed to burns around the world (Peck, 2012).

Most burn injuries are caused by thermal injury including fires and scalding, while the minorities are caused by chemical exposure, electricity, and ionizing radiation (Edlich, 2010).

Most burns affect only the skin. It can also affect deeper tissues, such as muscle, bone and blood vessels. Respiratory system can be damaged in fires with possible airway obstruction, pulmonary edema and adult respiratory distress syndrome (Demling, 2006 and Boots et al., 2009). Smoke inhalation injuries account for 75% of the deaths related to fire (Morris et al., 2009).

Since burns injure skin, they impair the body's normal fluid/electrolyte balance, body temperature and physical appearance. Complications such as shock,

infection and multiple organ dysfunction syndrome may occur (Church et al., 2006).

Burn injuries in Egypt represent a major problem as compared with heart diseases, malignancy and road accidents (Mabrouk, 1987). According to the data obtained from the Statistical Unit in Tanta University Hospital, the total number of cases admitted to the burn unit in Emergency Hospital Tanta University in the last 5 years was 1470 cases.

Sound knowledge of epidemiological characteristics and associated risk factors for burns are essential components of preventive programs. So, this work was conducted to detect the medico legal aspects of burned cases and the magnitude of burn problem in Burn Unit in Tanta University Hospital.

Patients and methods

Place of the study

This study was cross-sectional. It was conducted over six months on (160) burned cases admitted to Burn Unit in Tanta University Hospital from the start of March 2013 to the end of August 2013 with the following inclusion criteria:

- All age groups.
- All degrees of burn.
- All percentages of burned surface area.
- Recent burns.
- Referred and 1st presentation cases.
- Patients of different residence and occupations.

Old burn injuries were excluded.

Methods

Patients were interviewed and clinically examined, then data were collected in a specially designed sheet for every patient as regards:

- Name.
- Age (<10years, 10-, 20-, 30-, 40-, 50-, 60- and >70years).
- Gender (female or male).
- Residence (rural or urban).
- Time of injury (Morning, afternoon and night).
- Manner of burn injury (accidental, suicidal or homicidal).
- Causes of burn (flame, scald, chemical, electrical, radiation and inhalation injury).
- Degree of burn (first, second, third and all degrees of burn).
- Total body surface area (TBSA) affected by burn (<15%, 15-30%, 30-60% or >60%).

- Site of burn on the body (head alone, head and neck, head and extremities, head and neck and extremities, back, upper extremities alone, lower extremities alone, both extremities or all over the body).
- Place of burn (home, work place or other place).
- Previous medical conditions, diseases, surgery and medication.

Every case will be examined clinically for:

1. Assessment of the general condition.
 - a. Conscious level.
 - b. Vital data: blood pressure, pulse, respiratory rate and temperature .
 - c. Cardiovascular examination.
 - d. Respiratory system examination.
 - e. Gastrointestinal examination.
2. Describing the local injury including:
 - a. Percentage of burned area.
 - b. Degree of burn.
 - c. Site of burned area in the body
3. Investigations including:
 - a. Complete blood picture
 - b. Random Blood Sugar (RBS)
 - c. Liver function tests (ALT, AST, Bilirubin, prothrombin time, serum albumin).
 - d. Kidney function tests (blood urea nitrogen and serum creatinine).
 - e. Serum electrolytes to critical patients.
 - f. Arterial blood gases (ABG).
4. Mode of discharge from hospital: improved, complicated, leave against medical advice or escape and death.
5. Figure graphing of the injury after taking consent from the patient if possible. Ethics approval for the study was obtained from the Research Ethics and Publications Committee of the Faculty of Medicine, Tanta University, Egypt. Privacy of all patient data was granted and there was a code number for every patient file that included all investigations.

Statistics

Data were entered into SPSS statistical program version 17, Chicago IL. Descriptive statistics were used to

describe the sample and p-values less than or equal to 0.05 were considered to be statistically significant. The statistical test for comparison between two groups as regards qualitative data was the Chi-square test.

Results

The study was conducted on (160) cases admitted to Burn Unit in Tanta University Hospital from the start of March 2013 to the end of August 2013.

The burnt cases were studied as regards some bio-demographic data, the circumstances, causes of burn, degree of burn, total body surface area and the site from the body affected by burn as well as mode of discharge in patients with burn injuries.

Table (1) shows the distribution of burnt patients as regard age, gender and residence. There was a significant increase of burnt cases in rural areas ($P=0.041$). Most males and females were among the age group less than 10 years (38.7% and 37.3% respectively).

Table (2) shows some characters of burn which are cause and degree of burn, total body surface area (TBSA) and site of burn from the body. The commonest agent encountered in this study was flame (51.9%) of which explosion of gas cylinder was the major cause (Figures 1 and 2). Flame was followed by scald (37.5%), chemical (6.3%) and electrical (4.4%) burns (Figures 3 and 4).

As regard time and place of burn, it is noticeable that over half of the studied cases were injured at night 52.5% and the least cases were injured in the afternoon 18.7%. The current study revealed that burn at home was significantly increased (84.4%) compared to work or other places (8.1% and 7.5% respectively) (table 3).

Table (4) shows the distribution of patients according to the manner of burn injury. There was highly significant increase in accidental burns (95%) compared to suicidal and homicidal cases (3.1% and 1.9% respectively).

Table (5) demonstrates that there was insignificant difference among the burnt patients as regard the manner of burn injury and age ($P=0.336$). It reveals that the highest number of accidental cases was among the age grouping less than 10 years (39.5%).

Table (6) shows that male to female percentage in accidental injuries was 59.2% to 40.8%. All suicidal cases were females, while all homicidal cases were males.

There was statistically significant increase in accidental burns in both rural and urban areas (62.5% and 37.5% respectively), $P=0.049$. All homicidal cases occurred in urban areas, while 80% of suicidal cases were rural (table 7).

Table (8) demonstrates that there was also insignificant difference among the burnt patients as regard to manner of burn injury and cause of burn, $P=0.024$. It was observed that accidental burn could be caused by any type of burn, mostly by flame (50%) followed by scalds (38.8%), while electrical burn represented the least percentage (4.6%). Suicidal burn attempts were committed only by the use of flame, while homicidal burns were committed mostly by flame (66.7%) and scalds (33.3%).

There was a significant statistical difference among burnt patients as regard the manner of burn injury and degree of burn ($P=0.018$). All homicidal cases presented second degree burns. In suicidal cases, 60% presented third degree burn while most accidental burns (46.7%) presented second degree burn (Table 9).

There was also a significant statistical difference among burnt patients according to the manner and site of burn from the body ($P=0.027$). Lesions in all suicidal cases were found in more than one site as head, neck and extremities. In the majority of homicidal cases and most of accidental cases lesions were distributed all over the body (66.7% and 41.4% respectively) as shown in Table 10.

Table (11) shows a significant statistical difference among the burnt patients as regard manner of burn injury and TBSA involved from the body ($P=0.027$). In all homicidal cases and most of accidental cases (40.1%), 15-30% TBSA was involved, while in all suicidal cases, more than 60% TBSA was involved.

Table (12) shows that there was a significant statistical difference among the burnt patients according to mode of discharge ($P=0.029$). There was also a significant statistical difference among the burned patients as regard relation between mode of discharge and manner of burn injury (Table 13). It was noticed that 80% of suicidal cases died representing 22.2% of total deaths. As regards homicidal cases, the majority of cases (66.7%) were complicated, while 33.3% of patients improved. The study showed that most accidental cases (38.2%) improved followed by complicated cases (31.6%), while the least percentage died (9.2%).

The present study demonstrated that the highest percentage of patients with previous history of chronic illness as hypertension and bronchial asthma died (53.1%), while the highest percentage of patients with negative history of diseases improved (42.2%) as shown in table 14.

Figure (5) shows burnt patient with pseudomonas infection and generalized body edema. Figure (6) demonstrates that respiratory tract complications were the most common cause of death (38.9%), followed by septicemia (33.3%) and lastly shock (27.8%).

Table (1): Chi square statistical analysis of some demographic data among studied patients (N=160).

Parameter	N	%	X ²	P	
Gender	Male	93	58.1	1.635	0.224
	Female	67	41.8		
Age	> 10 y	61	38.125	2.635	0.096
	10-<20 y	23	14.375		
	20-<30 y	25	15.625		
	30-<40 y	19	11.875		
	40-<50 y	21	13.125		
	50-<60y	5	3.135		
	60-<70 y	5	3.135		
≥ 70y	1	0.635			
Residence	Rural	99	61.9	3.258	0.041*
	Urban	61	38.1		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (2): Chi square statistical analysis of some characters of burn among studied patients (N=160).

Parameter	N	%	X ²	P	
Cause of burn	Flame	83	51.9	2.635	0.063
	Scalds	60	37.5		
	Chemical	10	6.3		
	Electrical	7	4.4		
Degree of burn	First	3	1.9	2.336	0.085
	Second	74	46.2		
	Third	24	15		
	All degrees	56	36.9		
TBSA	< 15%	57	35.6	1.951	0.096
	15 – 30 %	64	40		
	30 – 60 %	26	16.3		
	> 60 %	13	8.1		
Site of burn	Head	5	3.1	2.951	0.050
	Head and neck	3	1.9		
	Head and extremities	34	21.3		
	Head, neck and extremities	13	8.1		
	Back	1	0.6		
	Upper extremities alone	10	6.2		
	Lower extremities alone	10	6.2		
	Upper and lower extremities	14	8.8		
All over the body	70	43.8			

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (3): Chi square statistical analysis of time and place of burn among studied patients (N=160).

Parameter	Burned cases (N= 160)		X ²	P
	N	%		
Time of burn				
Morning	46	28.8	6.358	0.027*
Afternoon	30	18.7		
Night	84	52.5		
Total	160	100		
Place of burn				
Home	135	84.4	11.325	0.001**
Work place	13	8.1		
Other place	12	7.5		
Total	160	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (4): Chi square statistical analysis of manner of burn injury among studied patients (N=160).

Manner	Manner of burn injury		X ²	P
	N	%		
Accidental	152	95	8.627	0.001**
Suicidal	5	3.1		
Homicidal	3	1.9		
Total	160	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (5): Chi square statistical analysis of studied patients (N=160) according to manner of burn injury and age.

Age (Years)	Manner of burn injury						X ²	P
	Accidental		Suicidal		Homicidal			
	N	%	N	%	N	%		
0-<10	60	39.5	0	0	1	33.3	1.952	0.336
10-<20	21	13.8	2	40	0	0		
20-<30	25	16.4	0	0	0	0		
30-<40	16	10.5	1	20	2	66.7		
40-<50	21	13.8	0	0	0	0		
50-<60	3	2	2	40	0	0		
60-<70	5	3.3	0	0	0	0		
≥70	1	0.7	0	0	0	0		
Total	152	100	5	100	3	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (6): Chi square statistical analysis of studied patients (N=160) according to manner of burn injury and gender.

Gender	Manner of burn injury						X ²	P
	Accidental		Suicidal		Homicidal			
	N	%	N	%	N	%		
Males	90	59.2	0	0	3	100	0.857	0.753
Females	62	40.8	5	100	0	0		
Total	152	100	5	100	3	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (7): Chi square statistical analysis of studied patients (N=160) according to manner of burn injury and residence.

Residence	Manner of burn injury						X ²	P
	Accidental		Suicidal		Homicidal			
	N	%	N	%	N	%		
Rural	95	62.5	4	80			5.592	0.049*
Urban	57	37.5	1	20	3	100		
Total	152	100	5	100	3	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (8): Chi square statistical analysis of studied patients (N=160) according to manner of burn injury and cause of burn.

Cause of burn	Manner of burn injury						X ²	P
	Accidental		Suicidal		Homicidal			
	N	%	N	%	N	%		
Flame	76	50	5	100	2	66.7	5.326	0.024*
Scald	59	38.8	0	0	1	33.3		
Chemical	10	6.6	0	0	0	0		
Electrical	7	4.6	0	0	0	0		
Total	152	100	5	100	3	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (9): Chi square statistical analysis of studied patients according to manner of burn injury and degree of burn.

Degree of burn	Manner of burn injury						X ²	P
	Accidental		Suicidal		Homicidal			
	N	%	N	%	N	%		
First	3	2	0	0	0	0	12.36	0.018*
Second	71	46.7	0	0	3	100		
Third	21	13.8	3	60	0	0		
All degrees	57	37.5	2	40	0	0		
Total	152	100	5	100	3	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (10): Chi square statistical analysis of studied patients (N=160) according to manner of burn injury and site of burn.

Site of burn	Manner of burn injury						X ²	P
	Accidental		Suicidal		Homicidal			
	N	%	N	%	N	%		
Head	5	3.3	0	0	0	0	6.369	0.027*
Head and neck	3	1.9	0	0	0	0		
Head and extremities	33	21.7	0	0	1	33.3		
Head, neck and extremities	13	8.6	0	0	0	0		
Back	1	0.7	0	0	0	0		
Upper extremities alone	10	6.6	0	0	0	0		
Lower extremities alone	10	6.6	0	0	0	0		
Upper and lower extremities	14	9.2	0	0	0	0		
More than one site	63	41.4	5	100	2	66.7		
Total	152	100	5	100	3	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (11): Chi square statistical analysis of studied patients (N=160) according to manner of burn injury and TBSA.

TBSA	Manner of burn injury						X ²	P
	Accidental		Suicidal		Homicidal			
	N	%	N	%	N	%		
<15%	57	37.5	0	0	0	0	6.358	0.027*
15-30 %	61	40.1	0	0	3	100		
30-60 %	26	17.1	0	0	0	0		
≥60%	8	5.3	5	100	0	0		
Total	152	100	5	100	3	100		

TBSA= total body surface area; N= number; *P<0.05 significant; **P<0.001 highly significant

Table (12): Chi square statistical analysis of mode of discharge among studied patients (n=160).

Mode of discharge	Mode of discharge		X ²	P
	N	%		
Improvement	59	36.9	1.855	0.029*
Complicated	50	31.3		
Escaped	33	20.6		
Death	18	11.2		
Total	160	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (13): Chi square statistical analysis of studied patients (N=160) according to manner of burn injury and mode of discharge.

Mode of discharge	Manner of burn injury						X ²	P
	Accidental		Suicidal		Homicidal			
	N	%	N	%	N	%		
Improved	58	38.2	0	0	1	33.3	1.33	0.028*
Complicated	48	31.6	0	0	2	66.7		
Escaped	32	21	1	20	0	0		
Died	14	9.2	4	80	0	0		
Total	152	100	5	100	3	100		

N= number; *P<0.05 significant; **P<0.001 highly significant

Table (14): Chi square statistical analysis of studied patients (N=160) according to mode of discharge and previous medical history.

Mode of discharge	Previous medical history				X ²	P
	Positive		Negative			
	N	%	N	%		
Improved	5	15.6	54	42.2	1.529	0.062*
complicated	7	21.9	43	33.5		
Escaped	3	9.4	30	23.4		
Death	17	53.1	1	0.9		
Total	32	100	128	100		

N= number; *P<0.05 significant; **P<0.001 highly significant



Figure (1): 51y old female with accidental deep second degree flame burn in both hands and wrists. Cause was explosion of a gas cylinder at home.



Figure (2): Female patient aged 18y with accidental flame burn at home while cooking in her face (second degree) and in hands, wrists, forearms and legs below knee joints (third degree).



Figure (3): 18 months old male child with accidental deep second degree scald by hot water affecting front of chest, left arm and face.



Figure (4): 45y old male with accidental third degree electrical burn involving right side of the trunk, right arm and right forearm at his work place in Al-Mehala textile factory.



Figure (5): 18 y old male with accidental third degree flame burn in the face, neck m chest front, abdomen, front of both thighs and both upper limbs at home. The patient was complicated with wound infection with pseudomonas and generalized edema.

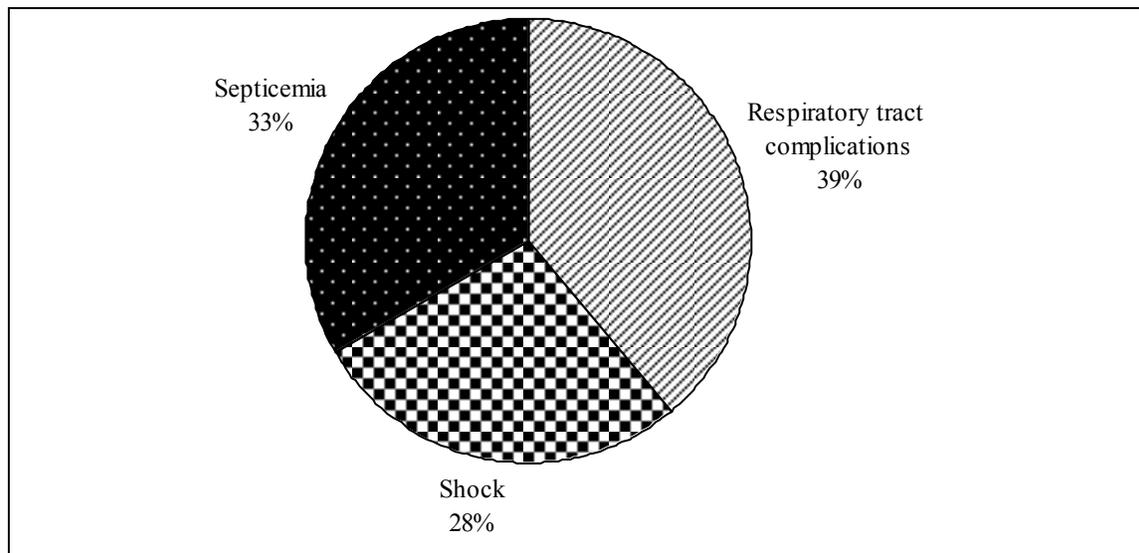


Figure (6): Distribution of dead burned patients with burn injuries by cause of death (N=18).

Discussion

Burns are one of the most serious conditions encountered in medicine and constitute a significant global burden of diseases that are preventable (Al-Shaqsi et al., 2013).

In the present study, there were 160 cases admitted to Burn Unit in Tanta University Hospital during a period of six months from the start of March (2013) to the end of August (2013).

The present study revealed that the highest percentage of patients was among the age group less than 10 years (38.125%). Similarly, Hassen et al., (2010) found that 61% of burned patients in Assuit University Hospital Burn Unit were less than 5 years old. This may be explained by unawareness of children about dangerous substances and exploring nature of boys of this age being more active. Sometimes, there is lack of supervision from the parents and insufficiencies of security preparations in crowded houses especially in low socioeconomic classes (Attia et al., 1997). On the other hand, Hemeda et al., (2003) reported that (61%) of patients admitted to Ain Shams University Burn Unit were adults, while children (0–14 years) accounted for (39%). This reflects the high exposure of middle age groups to hazards of burn as they are generally active and exposed to danger either in home or at work (Akther et al., 2010).

The current study revealed that there was male predominance over females (58.1% and 41.9% respectively). These results were in agreement with the study of Othman, (2010) in Sulaymaniyah, Iraq. This may be due to high exposure of males to industrial and recreational burns, in addition to fire causing activities as smoking and careless handling of inflammable materials (Attia et al., (1997). On the other hand, Bhardwaj and Sinha, (2012) found that burned females were more common than males in Chiraya Hospital, Bhopal, India (54.7% and 45.3% respectively).

It was noticed that cases from rural areas were more than those from urban areas (61.9% and 38.1% respectively). These results were in line with those obtained by Akther et al., (2010) in Wardha Burn Unit, India. This could be explained on the basis that rural areas are characterized by inadequate safety measures and the traditional kerosene stove, which is used extensively in slum areas (Hassen et al., (2010). While, these results were the reverse with Fernández-Morales et al., (1997) who reported more prevalence of burns in urban areas (89.5%) in cases admitted to Malaga University Hospital Burn Unit, Spain.

It's noticeable that, over half of the studied cases were injured at night (52.5%). This was in agreement with the work of Afify et al., (2012) who conducted the study at Zeinhom Morgue of Forensic Medicine Institute, Cairo. Whereas, the results were in contrary with Hassen et al., (2010) who reported that most cases admitted to the Burn Unit in Assuit University Hospital were injured in the afternoon while the family is crowded preparing the mean meal of the day. Night burns in the present study suggested that there was a relation between people's habits to still awake for late times during night in summer seasons with prolonged activity.

Regarding burn incident location, the current study revealed that 84.4% of burns occurred at home. This figure was just like that reported by Hassen et al., (2010) in Assuit University Hospital Burn Unit. This could be attributed to the fact that the vast majority of burn victims were children in the current study that spent most of the day at home being at high risk of burn injury (Alavi et al., 2012). Conversely, Zarei et al., (2011) in Tehran, Iran reported that work related burns constituted (21.7%) of all burned cases. This may be due to better home safety in industrialized countries (Attia et al., 1997).

Considering the agent causing burn injury in this study, flame constituted (51.9%), followed by scald, chemical and electrical burns (37.5%, 6.2% and 4.4% respectively). There were no radiation burns or inhalation injuries observed during the period of this study. These results were just like studies of Afify et al., (2012) in Cairo. This is explained by use of oil for lamps in villages, candle for lighting, unsafe gas stoves and open coal and wood fires for warmth and cooking (Hassen et al., 2010). Whereas, Arslan et al., (2013) in Istanbul, reported that scald burn ranked first among causes of burn (85.6%). This could be attributed to the developmental stage of such countries (Attia et al., 1997).

The current study reported that, second degree burns were the commonest (46.2%). This was in agreement with El-Zuway and Heshmat, (2007) in Al-Jala Hospital in Benghazi, Libya. This could be a reflection of the high incidence of scald injuries in this study which generally causes more or less superficial burns (Ali, 1997). On the other hand, Jaiswal et al., (2007) reported that third degree burns were the commonest degree of burn among burned cases in Indore, India.

In this study, it was found that, the majority of burns were distributed all over the body (43.7%). Similarly, Han et al., (2005) reported that (74%) of cases admitted to Hallym Burn Center in Seoul, Korea were presented by multiple burn sites. Othman, (2010) explained that burn injuries are not commonly limited to isolated parts of the body but affect more than one area. Whereas Ali, (1997) reported that the commonest sites of burn were the lower extremities (66%) among cases admitted in King Fahd Hospital in Al-Baha, Saudi Arabia.

It was noticed that (40%) of cases had 15-30% TBSA, while only (8.1%) had more than 60% TBSA. Similarly, El-Farouny et al., (2007) found that (52.2%) of cases admitted to Minoufiya University hospital Burn Unit were affected by less than 25% TBSA. This could be attributed to scald burn prevalence among children which are usually less extensive causing superficial burns (Watson, 1989). In contrast, Attia et al., (1997) found the majority of burnt cases in Alexandria University Hospital Burn Unit were presented with 40-100%.

Considering the manner of burn injury, the majority of burn incidents were accidental in nature (95%), while suicidal and homicidal cases constituted (3.1% and 1.9% respectively). These findings were in line with Afify et al., (2012) in Zeinhom morgue of Forensic Medicine Institute, Cairo and Othman, (2010) in Sulaymaniyah, Iraq. This may be attributed to the individual carelessness while handling fires and lack of safety procedures especially the appliances used for cooking, heating, and lighting purposes without proper precautions at home and work (Bhardwaj and Sinha, 2012). The lower incidence of suicidal cases may be attributed to the non pleasant nature of the trial; it has a very painful outcome (Ali, 1997). The most frequently

reported precipitating factors for intentional burns are marital problems, psychological and psychiatric disorders, family problems, poverty and emotional relationships (Othman, 2010).

It was noted that, the majority of accidental cases (39.5%), were children below 10 years, while there was no suicidal attempt among children. These results were in accordance with El-Zuway and Heshmat, (2007) in Benghazi, Libya. Suicidal attempts occurred only in females mainly in the age group 10-20y and 50-60y (40% each). These results were similar to those reported by Othman (2010) in Sulaymaniyah, Iraq. This could be explained on the basis that, females are more involved in domestic burn injuries, especially in rural areas, where the sources of both flame and scald burns are usually present and available for them as a method for suicide (Alavi et al., 2012). On the other hand, El-Zuway and Heshmat, (2007) reported that suicidal attempts were equal in males and females among cases admitted to Al-Jala Hospital, Benghazi, Libya. Homicidal cases in the current series were males mainly in the age group 30-40y (66.7%). These results partially coincided with Akther et al., (2010) in Wardha Burn Unit, India who reported that the most homicidal cases were among the age group 21-40 years (2.24%), but they reported that the main homicidal cases were females.

It was observed that the majority of accidental and suicidal cases were rural (62.5% and 80% respectively). The lack of individual safety precautions in rural areas, illiteracy and low socioeconomic standards of living raises the incidence of both intentional and non intentional burns (Alavi et al., 2012).

The current study revealed that, flame burns were the commonest among accidental, suicidal and homicidal cases (50%, 100%, and 66.7% respectively). As regards the source of flame, portable pressure kerosene stoves were the most common source (Othman, 2010). These findings coincided with El-Farouny et al., (2007) in Minoufiya and Wasiak et al., (2009) in Victoria Emergency Hospital, Australia who reported that suicidal burn cases were mainly attempted by flame. On the other hand, Justin-Temu et al., (2008) reported that (80%) of homicidal burned cases admitted to hospitals of Dar Es Salaam City, Tanzania were caused by hot fluid poured over the victim.

The deeper injuries in suicidal burns noticed in the current study may be related to the causative agent that was flame in all cases which usually produces extensive full thickness burns especially if accelerant as kerosene was used which is a common method of suicide in developing countries like Egypt (Donne et al., 2004). Burns were distributed all over the body in suicidal and homicidal cases relative to accidental cases (100%, 66.7% and 41.4% respectively). This was in contrary to Wasiak et al., (2009) in Victoria Hospitals, Australia who found that intentional self inflicted burn cases mainly affected upper extremities (52%), while the trunk was the commonest site in homicidal cases (30%).

Moreover, all suicidal cases were presented with more than 60% TBSA. These findings were in agreement with Alavi et al., (2012) who found that intentional burn was significantly related to higher TBSA among cases admitted to Rasht Burn Unit, Iran. Othman, (2010) stated that self inflicted burns were usually deeper and more extensive.

Considering the outcome of patients in the current study, (36.9%) of patients improved, followed by complicated cases (31.3%), while (11.2%) of the studied cases died. This was in line with El-Farouny et al., (2007) who reported 47% improvement among burnt cases in Minoufiya University Hospital Burn Unit. Whereas, the mortality rate was widely variable as it ranged from (13.1%) in the study of Hassen et al., (2010) in Assuit, Egypt, (2.2%) in the study of El-Zuway and Heshmat, (2007) in Benghazi, Libya and (62.4%) in the study of Jaiswal et al., (2007) in Indore, India. This wide difference may be due to difference in manner of injury, facilities and regimens of treatment in every country and in different burn centers (Akther et al., 2010).

In the present study, 80% of suicidal cases died. Similarly, El-Farouny et al., (2007) in Minoufiya reported that suicidal cases mainly died or complicated (7.4% and 3.6% respectively). Donne et al., (2004) stated that self immolation burns had usually deep and extensive TBSA and associated with higher mortality rates

The current study revealed that the majority of accidental cases improved (38.2%). These results were in agreement with El-Farouny et al., (2007) in Minoufiya. The current study revealed that there were no deaths among homicidal cases. Whereas, Waisak et al., (2009) in Victoria hospitals, Australia reported that homicidal cases were (25%) of all deaths. This wide difference may be due to longer study period and larger study sample in Waisak et al., (2009) study.

The present study revealed that there was a significant increase of death rates among cases with previous medical history of chronic illness if compared with those with negative history of diseases (53.1% and 0.9% respectively). These findings coincided with the work of Mabrouk et al., (2003) who found 70.9% of burn deaths among cases admitted to Ain Shams University Hospital Burn Unit were associated with chronic illnesses as diabetes and cardiovascular diseases.

In the present study, respiratory tract complications ranked first among causes of death (38.9%), followed by septicemia (33.3%) while shock constituted (2.8%). These findings were in contrary to El-Farouny et al., (2007) who reported that septicemia was the leading cause of death (33.3%), followed by respiratory tract complications (29.7%) among cases admitted to Minoufiya University Hospital Burn Unit. Church et al., (2006) explained that significant thermal injuries induce a state of immunosuppression predisposing burn patients to infectious complications. Moreover, the development of antibiotic resistance during treatment and acquired nasocomial infections

raises the possibility of development of chest infections. Additionally, most cases in the present study occurred indoor with much smoke inhalation and involved more than one site of the body including face. This raises the possibility of occurrence of respiratory tract complications.

Conclusion

In the present study, one hundred and sixty cases were admitted to Burn Unit in Tanta University Hospital, Egypt during a period of six months from the start of March 2013 to the end of August 2013. The highest percentage of patients was among the age group less than 10 years (38.125%). The majority of the studied cases were males (58.1%) in rural areas (61.9%). Burns at home constituted 84.4%. Considering the agent causing burn, Flame was first (51.9%) followed by scalds (37.5%), chemical (6.3%) and electrical burns (4.4%). Most flame burns were due to explosion of gas cylinder. Most burns were of second degree (49.37%), distributed all over the body (43.8%) and involved 15-30% TBSA (40%). Accidental burns accounted for 95% of all cases followed by suicidal and homicidal cases (3.1 and 1.9% respectively). All suicidal cases were females, caused by flame, distributed all over the body with involvement of more than 60% TBSA. While homicidal cases were males in urban areas. Respiratory complications were the cause of death in 38.9% of burned cases.

Recommendations

From data detected in this study, we recommend an intensive educational program about burn dangers, proper prevention, first aids of burns and safety measures at home and work to increase public awareness especially children and their parents as well as old age caregivers. Safety precautions about manufacturing and using gas cylinders with regular servicing of gas appliances must be followed. Psychological autopsy is needed in suicidal cases. Physicians and surgeons should be aware about medico legal aspects of burn injury and importance of careful fulfillment of medico legal reports for all burn cases.

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الملخص العربي

الأوجه الطبية الشرعية لحالات الحروق الواردة لوحدة الحروق بمستشفى الطوارئ الجامعي بطنطا

منى محمد حشمت وعائشة إبراهيم مقلد و منى محمد أبو النور و نادية عزت هلال¹

تستمر الحروق مشكلة طبية ونفسية واقتصادية في البلدان المتقدمة والنامية. وتشكل الحروق في مصر مشكلة رئيسية بالمقارنة مع امراض القلب والسرطان وحوادث الطرق.

الهدف من الدراسة: وذلك اجري هذا العمل لدراسة الجوانب الطبية الشرعية لحالات الحروق وكذلك حجم المشكلة في وحدة الحروق بمستشفى طنطا الجامعي.

تصميم الدراسة: وكانت هذه الدراسة مستعرضة على مدار ستة أشهر حيث تم إدخال 160 حالة حرق لوحدة الحروق بمستشفى طنطا الجامعي من بداية شهر مارس 2013 إلى نهاية شهر أغسطس 2013. وقد خضع المرضى للمقابلة والكشف الإكلينيكي وللأبحاث ثم تم تجميع المعلومات في تصميم خاص لكل مريض.

النتائج: وقد أسفرت النتائج عن عدد (160) حالة تم إدخالها لوحدة حروق مستشفى طنطا الجامعي خلال مدة ستة أشهر من بداية مارس 2013 لنهاية أغسطس 2013 وكانت أعلى نسبة من المرضى في المرحلة العمرية أقل من 10 سنوات (38.125%) وكانت أغلبية الحالات بين الذكور (58.1%) في المناطق الريفية (61.9%). وقد شكلت حروق المنازل 84.4%. أما بالنسبة للمسبب في حدوث الحرائق فقد شكلت الحروق النارية (51.9%) تتبعها السلق (37.5%)، الحروق الكيميائية (6.3%) ثم الحروق الكهربائية (4.4%). وكانت معظم الحروق النارية نتيجة لانفجار أنبوبة الغاز. وكانت معظم الحروق من الدرجة الثانية (49.37%) وموزعة على الجسم كله (43.8%) وشملت 15 30% من مساحة السطح الكلية للجسم (40%). وقد شكلت الحروق العرضية 95% من كل الحالات وتبعها حالات الانتحار والجنائي (3.1% و 1.9% على التوالي). وكانت جميع حالات الانتحار بين الإناث بسبب الحروق النارية وموزعة على الجسم كله وشملت أكثر من 60% من مساحة السطح الكلية للجسم. بينما كانت الحالات الجنائية بين الذكور في المناطق الحضرية. وقد شكلت مضاعفات الجهاز التنفسي السبب في وفاة 38.9% من الحالات.

ولذلك لابد من أتباع برامج تعليمية مكثفة بخصوص أخطار الحروق، وطرق الوقاية المناسبة وطرق الأمان والخدمة المنظمة لأجهزة الغاز. كما أن هناك احتياج للتشريح النفسي في حالات الانتحار.

¹ قسم الطب الشرعي والسموم الإكلينيكية كلية الطب جامعة طنطا